

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## **Frances Hampton**

Has successfully participated & completed the

13km Shift Winter Trail Series - Race 3 of 3

held at Walter Sisulu Garden.

## **TIME** 02:02:48

**PACE** 09:25/km **OVERALL** 113 of 140 GENDER 32 of 47 OPEN 27 of 33

22 July 2018, Sun Date

outLime

Signature